

## IV Therapy Post-Care Instructions

Thank you for choosing Pūr Skin Clinic for your treatment. Proper post-care is essential to ensure optimal results and a smooth recovery. Please review and follow these guidelines.

### **Bandage Care:**

The bandage applied post-treatment may be removed after 15-30 minutes. Leaving the bandage on longer can help reduce bruising.

### **Bruising:**

Bruising at the IV site is normal. Applying Arnica gel or Alastin Inhance cream can help minimize bruising.

### **Hydration:**

Drink a minimum of two large glasses of water post-treatment to stay well-hydrated.

### **Rest:**

Get plenty of rest to support your body's recovery and maximize the benefits of the infusion.

### **Possible Detox Reactions:**

IV therapy delivers strong doses of vitamins, which may cause minor detox reactions, including intermittent nausea, headache, and fatigue.

### **Urine Discoloration:**

If you received a vitamin B12 in the infusion, it may cause your urine to appear red or pink-tinged. This is completely normal and not a cause for concern. If the discoloration persists beyond 24 hours however, please contact the clinic where you received your treatment.

Thank you for trusting us with your aesthetic journey. If you have any questions or concerns, don't hesitate to contact the Pūr Skin Clinic location that you visited for your treatment.

REFINE THE TRUE YOU

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