

PRF EZ Gel Undereye Post-Care Instructions

Thank you for choosing Pūr Skin Clinic for your Kybella treatment. Proper post-care is essential to ensure optimal results and a smooth recovery. Please review and follow these guidelines.

For the first 24 hours following your Kybella treatment, please avoid:

- Strenuous Exercise
- Alcohol
- Massaging or pressing on the treated area
- After the initial 24 hours, you can resume your normal routine and exercise.

Post-Treatment Expectations:

- Immediately after the treatment, you may experience bruising, tenderness, numbness, redness, and swelling in the treated area.
- Tenderness and swelling are common and may last for up to 4-6 weeks, with swelling being most prominent during the first week. It will gradually subside over the following weeks.

Managing Bruising:

- If bruising occurs, apply Arnica gel and ice the area regularly to expedite healing.

When to Contact Us:

- If you experience significant pain, blanching, blisters/sores, difficulty swallowing or smiling, or fever, please contact our office immediately. We will arrange a follow-up appointment as soon as possible.

Pain Management:

- You may take Tylenol (acetaminophen) for discomfort, as needed.

Important Reminder:

- Schedule your next Kybella appointment in 6-8 weeks.
- Optimal results typically require 2-4 sessions.

Thank you for trusting us with your aesthetic journey. If you have any questions or concerns, don't hesitate to contact the Pūr Skin Clinic location that you visited for your treatment.

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