

## Laser Hair Reduction Post-Care Instructions

Thank you for choosing Pūr Skin Clinic for your treatment. Proper post-care is essential to ensure optimal results and a smooth recovery. Please review and follow these guidelines.

### Immediate Aftercare:

- Apply a wrapped ice pack to the treated area every 4 hours as needed to reduce discomfort or swelling.
- Cleanse the skin gently with a mild cleanser.
- Apply a gentle moisturizer if the skin feels dry.

### If Crusting or Blisters Develop:

- Apply a thin layer of Polysporin ointment to the area to prevent drying.
- Reapply at least four times a day or as needed.
- Please contact our office if blisters occur.

### Sun Protection:

- Use a Pūr Skin Clinic-approved physical sunblock (*SPF 30 or higher*) daily.
- Avoid prolonged direct sun exposure and tanning (*including self-tanners*) for at least 2 months after treatment.

### Makeup Usage:

- Makeup may be applied 24 hours after treatment, provided there are no signs of irritation or blistering.

### Hair Removal Between Treatments:

- Only clip or use an electric razor between treatments.
- Do not pluck or wax, as these methods disrupt the treatment process.

### What to Expect:

- Mild warmth, swelling, or redness is normal and should subside within a day.
- In rare cases, blistering or scabbing may occur and typically heals within 1 to 2 weeks.
- Temporary changes in skin color may last several months.

### When to Contact Us:

- If you experience blistering, severe discomfort, or other unusual skin reactions, call the clinic where you received treatment as soon as possible.

Thank you for trusting us with your aesthetic journey. If you have any questions or concerns, don't hesitate to contact the Pūr Skin Clinic location that you visited for your treatment.

REFINE THE TRUE YOU

307 Bell Street, Suite #103, Edmonds, WA 98020 | (425) 967-3877  
1002 Lake Street South, Suite #102, Kirkland, WA 98033 | (360) 299-5596