

SkinPen Microneedling Post-Care Instructions

Thank you for choosing Pūr Skin Clinic for your treatment. Proper post-care is essential to ensure optimal results and a smooth recovery. Please review and follow these guidelines.

Immediately After Treatment:

- The skin will appear red and flushed, similar to a moderate sunburn.
- You may experience skin tightness and mild sensitivity in the treated area.
- Redness typically diminishes after a few hours and resolves within 3 days.

What to Avoid:

- **Scrubbing or Exfoliating:** Do not scrub or exfoliate the skin. Cleanse gently with warm water and a mild, non-acidic cleanser.
- **Touching Your Face:** Always wash your hands before touching your face to prevent introducing bacteria into the skin's micro pathways.
- **Product Application:** Avoid applying products or makeup for the first 12 hours. Makeup may be applied after 48 hours as long as the skin is not visibly broken.
- **Exercise:** Avoid vigorous exercise for 48 hours. Light walking is fine.
- **Picking at Skin:** Do not pick at peeling or flaking skin, as this may lead to hyperpigmentation or scarring.

Recommended Post-Treatment Care:

- **Moisturizing:** If your skin feels dry or tight, apply *Alastin Skin Nectar*, or a gentle moisturizer frequently.
- **Sun Protection:** Use a broad-spectrum sunscreen (SPF 30 or higher) diligently. Reapply as needed throughout the day.
- **Gentle Skincare:** After the initial 48 hours, resume your normal skincare regimen unless otherwise instructed. If your skin feels more sensitive than usual, switch to a gentle, non-acidic cleanser.

What to Expect:

- **Temporary Skin Sensitivity:** You may find that your skin is temporarily more sensitive to products you normally tolerate well.
- **Potential Breakouts:** If you currently have breakouts, they may temporarily worsen due to inflammation.
- **Visible Results:** While some results may be visible after the first treatment, more significant, lasting results are typically seen after 3-5 treatments spaced 4-6 weeks apart.

When to Contact Us:

- If you experience a rash, itching, or redness that persists beyond 24 hours
- If you have any unusual concerns or reactions

Thank you for trusting us with your aesthetic journey. If you have any questions or concerns, don't hesitate to contact the Pūr Skin Clinic location that you visited for your treatment.

REFINE THE TRUE YOU

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